



Volunteer Center of Cedar Valley

March 18, 2010

FOR IMMEDIATE RELEASE

- The Grout Museum District needs a Special Programs Assistant to assist the Programming Director with various activities during National History Days March 25 and March 26, 2010 from 9:00 a.m. – 5:00 p.m. Volunteers age 16 and over are welcome.
- Spring School Conferences are right around the corner in the Waterloo School district. Student's families will be contacted to remind them of the importance of attending conferences to work towards the overall success of the student. Volunteer Monday through Wednesday, April 5 – 7 from 4:30 - 7:00 p.m. with flexible times as arranged. Volunteers age 16 and over are welcome.
- The YMCA needs volunteers to coach volleyball to youth in grades 1 to 6. Coaches are expected to be reliable and organized. Coaches must have prior coaching or playing experience. Practices are scheduled one evening a week. Practices will be the same day and time each week. Games are played on Saturday afternoons. Volunteer Monday through Saturday with flexible times as arranged. Volunteers age 18 and over are welcome.
- Hawkeye Valley Area Agency on Aging in collaboration with the AARP Foundation needs volunteers to make education outreach calls Monday through Friday between 8 a.m. - 4 p.m. Shifts are flexible. Volunteers ages 55 and over are welcome.

Volunteer Buzz: Volunteering in Iowa based on an average using 2006 to 2008 data. 37.5 hours per resident - ranking them **24th** among the 50 states and Washington, DC. \$1.8 billion of service contributed.

Call or visit the Volunteer Center of Cedar Valley at 272-2087 or access www.vccv.org for a complete listing of volunteer opportunities in the Cedar Valley!